



# CARDINAL WRESTLING CLUB



## Winter Series 2011-12 Informational Flier

The mission of the **Cardinal Wrestling Club (CWC)** is to provide an environment and instruction that will enable our area to compete at a state championship level. The CWC will be hosting a winter series consisting of 8 sessions from Sunday, November 27, 2011 to Sunday, February 19, 2012.

This opportunity is open to wrestlers that live within 50 miles (as the crow flies) of the Stanford campus and have a current USA Wrestling card. Club numbers will be limited based on the availability of space, with priority given to those demonstrating a serious commitment to competing at the state championship level.

Do you want to be a Champion? Come train with the CWC. In addition to working with premiere student-athletes from around the area, you will also receive high-level instruction and training methods from a Division-I wrestling staff. If you aspire for high school wrestling success and an opportunity to compete at the collegiate level, the CWC is the place for you!

The CWC Staff will conduct ALL sessions:

- Jason Borrelli – Head Coach (2x MI State Champ, 2x NCAA Qualifier & CMU Captain)
- Ray Blake – Asst. Coach (IL State Champ, NCAA Qualifier & Stanford Captain)
- Alex Tirapelle – Asst. Coach (3x CA State Champ, 2x Big Ten Champ & 2x NCAA All-American)
- Vic Moreno – Volunteer Coach (CA State Placer, 3x NCAA Qualifier & 2x NCAA All-American)
- Zack Giesen – Club Coach (4x OR State Champ, Pac-10 Champ, NCAA All-American)

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### WINTER SERIES DATES & TIMES:

1. Sunday, November 27 @ 5:30 – 7:30pm
2. Sunday, December 4 @ 5:30 – 7:30pm
3. Sunday, December 11 @ 5:30 – 7:30pm
4. Sunday, January 1 @ 5:30 – 7:30pm  
\*\*Free Stanford Kids Wrestling Clinic January 8 from 12-1 PM (prior to American match)
5. Sunday, January 15 @ 5:30 – 7:30pm
6. Sunday, January 22 @ 5:30 – 7:30pm  
\*\*Free Stanford Kids Wrestling Clinic January 29 from 12-1 PM (prior to Oregon State match)
7. Sunday, February 5 @ 5:30 – 7:30pm
8. Sunday, February 19 @ 5:30 – 7:30pm

### COST:

- Winter Series (8 sessions)
  - Initial CWC member – \$125 (or \$7.81/hour)
  - Returning CWC member – \$100 (or \$6.25/hour)
  - Single session – \$25 (or \$12.50/hour)

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HOW TO REGISTER: [www.cardinalwrestlingclub.com](http://www.cardinalwrestlingclub.com)

\*Families with multiple CWC members should contact the CWC staff regarding reduced rates



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